

## How this gloomy May can affect your mood and what you can do ... - New York's PIX11 / WPIX-TV

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Viernes, 06 de Mayo de 2016 18:53

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New York's PIX11 / WPIX-TVHow this gloomy May can affect your mood and what you can do ...New York's PIX11 / WPIX-TVSo far this month, there has not been one rain-free day, nor has there been a day in which we've seen the sun. Add to that a record streak of below-normal temperatures and it's a recipe for the doldrums. The secret to overcoming them, according to some ...

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